A 28-Day Guide to Spring Cleaning

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Kitchen/Dining Room Stove & oven Clean stove top Clean inside oven Clean range hood Replace drip pans	Kitchen/Dining Room Kitchen appliances Polish/wipe down appliances Clean microwave Clean dishwasher Clean out toaster	Kitchen/Dining Room Refrigerator Empty refrigerator & freezer & clean inside Wipe down top & sides of the refrigerator	Kitchen/Dining Room Sinks, counters & walls Disinfect all counters Scrub backsplash Scrub & disinfect the sink & garbage disposal Scrub baseboards & walls	Kitchen/Dining Room Cupboards & drawers Wipe down cabinets & drawers Remove all items from cobinets & drawers, clean, & organize	Kitchen/Dining Room Pantry & storage Go through pantry & discard expired items; clean pantry shelves Organize storage containers; discard any that no longer have lids	Kitchen/Dining Room Windows & floors Wash windows and window sills Clean drapes/blinds Sweep & mop the floor
Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	Day 14
Kitchen/Dining Room Final Wipe down dining table & chairs Clean lighting fixtures Empty trashcan Wash trashcan Day 15 Living/Family Room Final Clean baseboards Wash windows & window sills Wash throw pillows & blankets	Bathrooms Toilets Scrub & clean toilets inside & out Day 16 Bedrooms Closets, dressers, & drawers Go through closets & shelves to see what should be kept, sold/donated, & thrown away Clean & organize night	Bathrooms Bathubs Deep scrub & clean bathub fixtures Clean/replace shower curtain liners Wash bath toys Day 17 Bedrooms Deep clean Completely dust all surfaces Dust tops of doors Dust ceiling fan blades Clean drapes/blinds Wash windows & window sills	Bathrooms Sinks & floors Clean sinks Clean mirrors Clean baseboards Scrub tile grout Mop floors Day 18 Bedrooms Final Clean under bed Rotate the mattress Wash bedding More functions & manuar	Bathrooms Organize bathroom Clean out cabinets & drawers Replace toothbrushes Clean light fixtures Empty trashcan Day 19 Garage Clean Remove all items from the floor of the garage & sweep Spray down the garage floor & allow to dry before moving items back in	Living/Family Room Surfaces Dust all surfaces Dust ceiling fan blades Dust tops of doors Dust & clean lampshades Wipe down all furniture Clean light fixtures Clean drapes/blinds Day 20 Garage Organize Discard, donate, or sell unused/damaged items Crganize storage containers; discard any that no longer have lids	Living/Family Room Furniture & organize Move furniture & sweep/vacuum beneath & around Vacuum couches, sofas, & Clean entertainment center & electronics Organize media Polish all wood furniture/surfaces Day 21 Office Clean Dust and wipe down all electronics Use compressed air to blow dust out of keyboard Wipe down & disinfect desk Wipe down & disinfect desk
	stands Store winter clothes & bring out summer clothes	Clean baseboards Wipe down walls	Move furniture & vacuum Empty trashcan			Wash windows & window sills Clean drapes/blinds
	D 07	D 01	D 05		D 07	Sweep/vacuum/mop floor
Day 22 Office	Day 23 House Exterior	Day 24 House Exterior	Day 25 Yard Work	Day 26 Yard Work	Day 27 Yard Work	 Sweep/vacuum/mop floor Day 28 Other

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Kitchen/Dining Room	Bathroom	Living/Family Room	Bedroom
Stove & oven	Toilets	Surfaces	Closets, dressers, & drawers
Clean stove top	Scrub & clean toilets inside & out	Dust all surfaces	Go through closets & shelves to see what should be kept,
Clean inside oven	Bathtubs	Dust ceiling fan blades	sold/donated, & thrown away
Clean range hood	Deep scrub & clean bathtub fixtures	Dust tops of doors	Clean & organize night stands
Replace drip pans	Clean/replace shower curtain liners	Dust & clean lampshades	Store winter clothes & bring out summer clothes
Kitchen appliances	☐ Wash bath toys	Uvipe down all furniture	Deep clean
Polish/wipe down appliances	Sinks & floors	Clean light fixtures	Completely dust all surfaces
Clean microwave		Clean drapes/blinds	Dust tops of doors
Clean dishwasher	Clean sinks	Furniture & organize	Dust ceiling fan blades
Clean out toaster		Move furniture & sweep/vacuum beneath & around	Clean drapes/blinds
Refrigerator	Clean baseboards	Vacuum couches, sofas, & chairs	Wash windows & window sills
Empty refrigerator & freezer & clean inside	Scrub tile grout	Clean entertainment center & electronics	Clean baseboards
 Empty reingerator & neezer & clean inside Wipe down top & sides of the refrigerator 	Mop floors	Organize media	☐ Wipe down walls
	Organize bathroom	Polish all wood furniture/surfaces	Final
Sinks, counters & walls	Clean out cabinets & drawers	Final	Clean under bed
Disinfect all counters	Replace toothbrushes	Clean baseboards	Rotate the mattress
Scrub backsplash	Replace contact lens cases	 Clean baseboards Wash windows & window sills 	Wash bedding
Scrub & disinfect the sink & garbage disposal	Clean light fixtures		Move furniture & vacuum
Scrub baseboards & walls	Empty trashcan	Wash throw pillows & blankets	Empty trashcan
Cupboards & drawers			
☐ Wipe down cabinets & drawers			
Remove all items from cabinets & drawers, clean, &			
organize			
Pantry & storage			
Go through pantry & discard expired items; clean pantry			
shelves			
 Organize storage containers; discard any that no longer have lids 			
Windows & floors			
□ Wash windows & window sills			
Clean drapes/blinds			
Sweep & mop the floor			
Final			
Wipe down dining table & chairs			
Clean lighting fixtures			
Empty trashcan			
Wash trashcan			

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Garage	House Exterior	Other	Other
Clean	Power cleaning	Odds & ends	
Remove all items from the floor of the garage & sweep	Clean out gutters/storm drains	□ Replace air filter	
Spray down the garage floor & allow to dry before moving		Replace batteries in smoke & carbon monoxide detectors	
items back in	Power wash walls/siding		
Organize	Windows, doors, & decks	Inspect water heater	
 Discard, donate, or sell unused/damaged items 	Clean all exterior windows	Clean dryer exhaust vent	
 Discute, or sen unseer duringed terms Organize storage containers; discard any that no longer 	Clean all exterior doors	Check washing machine hoses	
have lids	Sweep & spray down decks & patios	Run washing machine cleaning cycle	
		Organize entryway/coat closet	
Office	Yard Work		
Clean	Lawn		
Dust and wipe down all electronics	Remove any uncleared debris from fall/winter		
Use compressed air to blow dust out of keyboard	Aerate lawn		
☐ Wipe down & disinfect desk			
	Landscaping		
☐ Wipe down chair	Prepare flower & garden beds for planting		
□ Wash windows & window sills	Prune trees & bushes		
Clean drapes/blinds	Prepare for summer		
Sweep/vacuum/mop floor			
Organize	Test sprinkler system		
	Connect hoses & test for leaks		
Simplify your desk	Clean outdoor furniture		
Go through all files	Prep lawnmower, edgers, trimmers for spring/summer		
Remove items from desk drawers, clean, & organize	Clean grill & inspect heat source		
Backup computer files			

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